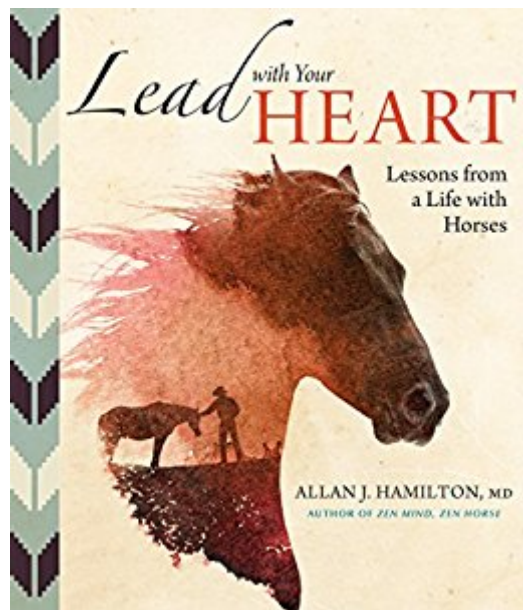




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Lead With Your Heart . . . Lessons From A Life With Horses: Finding Wholeness And Harmony At The End Of A Lead Rope



Synopsis

2016 Foreword INDIES Gold Award Winner 2016 Gold Nautilus Book Award Winner 2017 Silver Independent Publisher Book Award Winner 2017 Silver IBPA Benjamin Franklin Award Winner Award-winning author and celebrated neurosurgeon Allan J. Hamilton combines his understanding of the human brain with nearly 30 yearsâ™ experience training horses to offer wisdom on such universal themes as leadership, motivation, ambition, and humility. The results are showcased in more than 100 thoughtful essays that treat working with horses as a metaphor for personal, professional, and spiritual growth. Whether youâ™re searching for greater spiritual depth or simply want to better understand your four-legged partner, this wise and important collection has something for you.

Book Information

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Customer Reviews

This is one of the best books I have ever read about horses and life. I will be giving copies to my loved ones this Christmas. Have loved all of Dr. Hamilton's books but this is my favorite. I have been blessed to study horsemanship with some of the greats, Ray Hunt, Lannie Leach and others.

Dr. Hamilton teaches me as much as these other greats!

I purchased this book because I was doing research for my own book. Wanted to see his approach as a way to improve or organize my own book. I was also drawn to it, because it was written by a neurosurgeon. To me, that seems a bit unexpected and out of the ordinary. Out of the ordinary I am drawn to. I also understand that he works with horses using equine-assisted therapy. Being a person who once was a Social Worker and also dabbled in Equine Assisted therapy & learning programs, I was also drawn to this book for that reason. That being said.....The book, is exactly as it says. It is lessons from his experience's with horses. Very practical lessons. I enjoyed how he listed examples of working with the horses and how they think. Then he took those examples and how it directly relates to our life, AND how we can use those lessons in our everyday life. The only piece that I thought was missing, and this is just me, is that I didn't really find the "HEART" part in this book. There seemed to be unattached emotion regarding the lessons. More theoretical type approach and language. Something you might read from a text you bought for a college course. Intellectually written, no doubt. You can definitely be tantalized by his conceptual writing. I guess I was expecting more 'heart' felt stories. Stories that would leave me feeling in awe, or those warm, fuzzy feelings you get when you read inspiring stories. That was my expectation and what I had hoped for, and why I purchased the book. A neurosurgeon who could write with 'heart', how intriguing, I thought. But that is me! A doctor of any kind is more of a left brain intellectual, that is less connected to the emotional world. They are logically minded. Nothing wrong with that. We are who we are. But, what I thought was, oh wow, here is someone who is incredibly intelligent, who was/is a neurosurgeon that will write stories that will be from his heart to ours. Again, my expectation, not necessarily, his failing. In conclusion. I am a person opposite of the Left Brain thinker, I am a Right Brain thinker. Intuitive Empath, HSP person, highly connected to the emotional and unseen world around us. Emotions and intuition are how I live and write! I can bring a reader to tears. That is what I do best. This author uses the practical, intellectual, theoretical approach to life lessons with horses. I wouldn't say I'm dissatisfied with the book, but just not quite as happy as I had hoped. :-)

His great stories are reminiscent of my experiences growing up with horses. It is great to be reminded of the lessons I learned long ago, and realize just how much my horses raised and trained ME as much as I raised and trained them.

I absolutely love this book, it speaks to my heart. I love that the chapters are short and can easily be read independently.

Learned a few things from reading this book I did enjoy a lot of the quotes , and having illustrations was nice

Wish the chapters were a little longer. So beautiful.

This is a great book for leaders everywhere! It is a book about horses but it is about leading people too. Every manager of people should read this book!

Good info, but prolog too long. Entire book could have shortened A Lot.

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